### **Mini-Medical School**



# **Instructions for Pre-Acupuncture Treatment Care**

## 針刺治療前護理指導(英文)

### Precautions before acupuncture

- Wear loose cloths and female patients should wear two-piece cloth and avoid pantyhose.
- Hungry, thirsty, full, drunk, fatigue, and highly psychiatrically intense are not suitable for acupuncture. Patients should stay calm.

#### Precautions for special cases

- For patients with high risk and severity such as patients susceptible to hemorrhage (i.e. hemophilia and taking anticoagulants), please remind the physician and nurses before acupuncture. Patients of diabetes need to eat before acupuncture to avoid fainting during acupuncture and hypoglycemia (cold sweat, shivering and restlessness).
- For patients installed with pacemakers, please remind the physician and nurses before acupuncture to avoid using electrical acupuncture.
- For patients with mobile disability (i.e. bone fracture, cerebrovascular accident, seniors, and cerebral palsy), please ring the "Nurse Call Bell" immediately for any discomfort experienced in the treatment and the nurse will attend immediately.
- Family needs to company children and unconscious patients. In the event of discomfort during the treatment, please ring the "Nurse Call Bell" and the nurses will attend immediately.

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